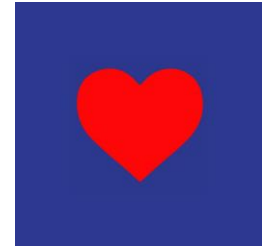


# Glastonbury Community

[www.glastonburycommunity.uk](http://www.glastonburycommunity.uk)



## Glastonbury Community Support Group

### Email

GlastonburyCommunity@gmail.com

### Tanya

07912 074 879

### Kama

07821 258 383

Dear Resident,

We hope you are well and safe?

We are here to tell you that you're not alone and that we hope that this newsletter may help lift your spirits a little. Everything printed here is from the community for the community, all for the sole purpose of uplifting one another and supporting each other through these troubling times.

Please feel free to submit any ideas to [glastonburycommunity@gmail.com](mailto:glastonburycommunity@gmail.com).

Stay Safe Everyone.

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### Aurora's Poem ("Miss Mini Diamond Somerset", aged 7 from Glastonbury).

#### Rainbow Love

*When I look high,  
Up into the big old sky,  
I can see a colourful rainbow,  
Its colours are beautiful.*

*Red Like a pretty rose,  
Orange like a big round pumpkin,  
Green like a fluffy kiwi,  
Yellow like a light buttercup,  
blue like the deep blue ocean.*

*A rainbow makes me feel happy,  
I love to look at it,  
It makes me excited to see my friends and family again.*



(Rainbow spotted by community volunteer: Butleigh Road, Baltonsborough).

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## Community Exchange

We're encouraging residents to write letters, draw a picture for one another, send a small gesture to help others who may also be isolating.

If you would like to take part email [jay.alee@hotmail.co.uk](mailto:jay.alee@hotmail.co.uk) and we can arrange to pick it up with your next shopping trip or by one of our lovely volunteers.

## Tea Dueling – A New Hobby?

Readers may be interested to know that in the Steampunk community, there is an activity known as tea dueling. This ridiculous but mostly harmless pastime can be practiced in your own home – against the clock if you live alone or against a partner if there are two of you. Both duelers need a hot cup of tea and a supply of biscuits (malted milk or 'cow' biscuits are the usual weapon of choice). The object is for both people to dunk their biscuits at the same instant and hold them suspended over the cup. The last person to take a bite of the soggy biscuit before it disintegrates is the winner. Have fun, and a good supply of clean tablecloths, perhaps. The illustration is from a selection of 12th scale (1 inch to 1 foot) steampunk miniatures made here in Glastonbury.

By Jan Stone, Glastonbury.



## Glastonbury Word Search

Can you spot all 16 words relating to Glastonbury?

Words can be horizontal, vertical or diagonal.

Y	R	U	B	N	Y	R	I	V	E	R	W
W	L	G	E	T	W	S	C	S	U	E	F
E	E	L	R	V	O	A	L	G	R	A	E
G	H	A	E	S	E	W	T	Y	B	D	S
A	C	S	R	W	F	B	N	R	O	H	T
M	B	T	I	Y	E	B	A	L	Y	R	I
I	B	O	L	R	A	C	H	V	E	S	V
R	V	N	R	C	T	L	I	Y	B	E	A
G	S	B	I	T	H	A	L	L	B	G	L
L	L	U	O	F	M	E	T	O	A	R	E
I	C	R	E	Y	L	N	R	H	M	H	U
P	B	Y	G	L	A	V	I	N	R	A	C

By Sarah Hodgson, Glastonbury resident.

## Support Services

### Sweet Track Counselling:

If you are feeling you need to chat with a friendly voice, please leave your number and name on either of the two numbers below, a volunteer will call you back within 24 hours.  
07519818383 or 07739761435

### Mindline Somerset:

24hr confidential listening service - 01823 276892

### Age UK Somerset:

Feeling a bit lonely or isolated? Telephone for a friendly chat – 01823 345610

### Spark Somerset:

Activity packs for older people available. Call Vicky on 07904804524