

# Glastonbury Community

Coronavirus Support Network

[www.glastonburycommunity.uk](http://www.glastonburycommunity.uk)



Dear Resident,

We hope you are safe and well.

We're here to tell you that you're not alone and that we hope that this newsletter may help lift your spirits a little. Everything printed here is from the community for the community, all for the sole purpose of uplifting one another and supporting each other through these troubling times.

Please feel free to submit any ideas to [glastonburycommunity@gmail.com](mailto:glastonburycommunity@gmail.com).

Stay Safe Everyone.



**'On rainy days, I'm piecing together the dream!'**

**Cartoon from *Miss Smith* series by Diana Milstein**

## Glastonbury Community Support Group

### Email

[GlastonburyCommunity@gmail.com](mailto:GlastonburyCommunity@gmail.com)

### Tanya

07912 074 879

### Name the Books

ATO2C = A Tale of Two Cities

2,000LUTS =

1FOTCN =

TSDOAMA13 <sup>3</sup>/<sub>4</sub> =

HPAT <sup>1</sup>/<sub>2</sub> BP =

7YIT =

F451 =

ATTW0 =



Bishop's Palace, Photograph by Andrew Whitcombe

## Community Exchange

We're encouraging residents to write letters, draw a picture for one another, send a small gesture to help others who may also be isolating.

If you would like to take part, email [jay.alee@hotmail.co.uk](mailto:jay.alee@hotmail.co.uk) and we can arrange to pick it up with your next shopping trip, or by one of our lovely volunteers!

## 2020 Vision

There was a year we all stayed home  
We couldn't work we couldn't roam  
The larder and the fridge were often empty  
We slammed the door, we shut the gate  
We had to all self-isolate  
And that was in the year of 2020

### Chorus

2020, 2020  
2020, 2020

The lockdown didn't cause a storm  
But comfort eating was the norm  
Of chocolate snacks and biscuits there were plenty  
To compensate for bars of Twix  
We joined in sessions with Joe Wicks  
The unexpected star of 2020

We talked and laughed and sang on Zoom  
While sitting in our living room  
I had to click a link that someone sent me  
It doesn't sound like very much  
But that was how we kept in touch  
With family and friends in 2020

Our daily walks along the lane  
They stopped us going quite insane  
And having this small bit of freedom meant we  
Could say hello to passers-by  
And talk about the cloudless sky  
That cheered us in the year of 2020

Statistics came in day by day  
But what they meant we couldn't say  
We had to listen to the cognoscenti  
Then they began to disagree  
Confused and anxious so did we  
As we struggled to make sense of 2020

\*

(to be sung to the tune of *Hallelujah* by Leonard Cohen)

Words by Richard Frapwell



Poppy, photograph by Andrew Whitcombe

## Support Services

### Spark Somerset

Activity packs for older people available. Call Vicky 07904804524

### Mindline Somerset

24hr confidential listening service  
01823 276892

### Age UK Somerset

Feeling a bit lonely or isolated?  
Telephone for a friendly chat 01823  
345610